Werribee Primary School is ...
A supportive and diverse learning community pursuing excellence in the development of skills, behaviours and attitudes in education, so that students are empowered to interact positively throughout their lifetime, with confidence, creativity and enjoyment

Our shared values are ♦ Courtesy ♦ Cooperation ♦ Respect ♦ Responsibility
Our education priorities are ♦ Literacy ♦ Numeracy ♦ Social Competency

DATES TO REMEMBER:

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<tr>
<th>TERM 2</th>
<th>Week 9</th>
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<tr>
<td>Friday 14th</td>
<td>5/6 Winter Sport Rd 7 (early lunch 12:20-1:10)</td>
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<th>WEEK 10</th>
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<td>17th – 21st June</td>
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<th>WEEK 11</th>
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<td>Student Reports distributed by today</td>
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<td>Friday 28th</td>
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<th>TERM 3</th>
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<td>Monday 15th July</td>
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<td>1st DAY TERM 3</td>
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<td>Tuesday 16th</td>
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<td>1st Day-DANCEFEVER</td>
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<td>Thursday 18th</td>
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<td>Prep – 2 Cross Country</td>
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<td>WPS Bunnings Sausage Sizzle</td>
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<td>Friday 23rd August</td>
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CANTEEN ROSTER – TERM 2
Wed 19th June  Karyn McEachran, Joanne Richards, Faye Monks, Kym Dunn, Anna Richards
Wed 26th June  Deb Cowton, Michelle Bailey, Leanne Gosling

TOMORROW WILL BE AN EARLY LUNCH, DUE TO INTERSCHOOL SPORT BEING A HOME GAME FOR US. EATING TIME IN THE CLASSROOM WILL BE FROM 12:20-12:30 AND OUTSIDE PLAY WILL BE FROM 12:30-1:10PM. WE HOPE SOME PARENTS CAN COME ALONG AND SUPPORT THEIR CHILDREN FOR INTERSCHOOL SPORT. VENUES FOR GAMES ARE LISTED ELSEWHERE IN THIS NEWSLETTER.

WERRIBEKE KIDS ARE WONDERFUL KIDS – “LIVING OUR VALUES” AWARDS

| 00P | Rosey Valentin |
| 00S | Cameron Madison |
| 1/2C | Ana Ryan |
| 1/2K | Donya Jade |
| 1/2R | Amy Ashley |
| 3/4C | Luke Emma |
| 3/4C | Bailey / Tanika Nui |
| 3/4J | Aidan Candle Paw |
| 3/4J | Joel |
| 3/4T | Tia Emma 5/6F |
| 5/6L | Cee Jay Jessica D Jessica T |
| 5/6L | Jacob 5/6P |
| 5/6S | Will Jem |
| 5/6S | Blayze Emily |
| P.E. | 5/6 Soccer Team |

Contact the school
Need to contact your child’s teacher or pass on feedback or suggestions to the school?
Address: 2 Deutgam Street, Werribee 3030  Phone: 9742 6659
Web: www.werribeeps.vic.edu.au  Email: werribee.ps@edumail.vic.gov.au
ACTING PRINCIPAL’S REPORT

SCHOOL COUNCIL ANNUAL REPORT MEETING – NEXT TUESDAY
Please be aware that the school will be presenting the annual report at next week’s school council meeting, to be held on Tuesday 18th June at 6:30pm in the staff room. All school community members are welcome to attend this meeting. Please call the school if you would like to attend this meeting, to assist with catering purposes.

WERRIBEE PS FEATURED IN THE 7NEWS WEATHER REPORT – SUSTAINABILITY MESSAGE
Visit the link above for a glimpse of our famous Werribee PS students who were featured in Giaan Rooney’s weather report last Thursday on Channel 7. Although the clip only lasted about 20 seconds (yes, if you blinked, you missed it) Giaan actually spent about an hour at the school interacting with children who are members of BEST – Biodiversity Environmental Student Team. Giaan was most impressed with the level of enthusiasm and knowledge these children had. They made a lasting impression on Giaan and she certainly made their day too with her charming and warm approach. It was a fitting reward for the efforts the school has gone to in achieving its three star sustainability recognition.

NUDE FOOD
The segment on Giaan’s weather report featured our nude food approach and ambitious plan to aim towards zero waste. We encourage you to please support our children in achieving zero waste at school by helping to package children’s lunches and snacks in reusable or ‘nude food’ containers every day. Please remember to send along a reusable container on canteen day (for hot foods such as chicken nuggets and dim sims) to help reduce waste in the school. Thank you for your support.
Have you left a comment on our school blog yet? Our children would love it if our parent and community members could visit our blog site and leave some feedback for them. It is a great way to give children another purpose for their writing and most rewarding and inspirational for them if they receive a positive comment from community members. Please note that all comments are approved by a teacher before they are actually uploaded, so, in most cases, there will be a delay in your comment ‘going live’. It is also a positive way to teach children the benefits of using ‘online’ communication tools in a manner that upholds our values of respect, courtesy, responsibility and co-operation. We need to prepare our children for the joys and pitfalls of the ‘online’ world; our school blog is an ideal environment for children to start this learning, as it is secure and educational in nature. Make sure you visit the blog soon, and while you are there, don’t forget to scroll down to view the beautiful Prep ‘Autumn Leave’ artwork animation; it’s simply stunning……….and please leave a comment about it.

REFUGEE WEEK
Next week, the school will be acknowledging ‘Refugee Week’ where activities have been planned for children in all year levels. On Tuesday the year 5/6 children will be watching a video on camp life and will help make a refugee camp with the assistance of our Multicultural Educational Aides, Baby, TerNa and Mervin. On Wednesday, the Prep-2 children will be making toys from play dough with Baby and Ter Na and on Thursday, the year 3/4 children will be making rice paper rolls also with Baby and Ter Na. Thank you to Ms Troffin and the MEA’s, Mervin, Baby and Ter Na for organising the activities of the week.

SECURITY AND DAMAGE
We had a break in overnight last Tuesday, where a window was smashed and Netbook computers were stolen. We ask neighbours of the school to please report any suspicious activity or noise to the Police by dialling 000 (such as breaking windows).
We also, unfortunately had a flood in Room three that was accidentally caused by a tap being left on overnight with the sink blocked. This class, Prep P, have been temporarily relocated to the gym stage, whilst the damage to their room is rectified.

Sue Osborne,
Acting Principal

IMPORTANT NOTICE EDUCATION MAINTENANCE ALLOWANCE
If you have claimed EMA earlier this year at Werribee Primary School you do not have to apply again. However, if you missed the February cut-off date or your child has transferred to Werribee Primary School during the first half of the year, you are required to apply for the second instalment. If you were not eligible for EMA during the first semester, but are now on a Pension Concession or Health Benefit Card, you must also complete the application. These claims must be made at the school office by 2nd August 2013.

NO LATE APPLICATIONS CAN BE ACCEPTED

THERE’S STILL TIME FOR YOUR CHANCE TO WIN A $5,000 FAMILY ADVENTURE HOLIDAY!
So far we have 35 student bankers who have qualified for the School Banking competition in Term 2. There are still weeks left for you to be part of this amazing competition. All you need to do is bank at least 3 times during Term 2 here at school and you will automatically be entered into the draw.
First prize: $5,000 family holiday to anywhere in Australia with $500 spending money and $5,000 cash for your school.
25 Runner Up prizes are also up for grabs. These kid’s adventure packs valued at over $700 include a Wii U, Razor eSpark electric scooter, walkie talkies, night vision goggles and an underwater digital camera. More details are available at www.commbank.com.au/adventureisland

BANKING DAY AT Werribee Primary School IS EVERY Tuesday
This week is the last week of the Winter Round Robin competition.

On Friday we play Manor Lakes in a HOME game.

Netball & Soccer – Werribee Primary School, Football – Howqua Way,
Teeball & Hockey – Presidents Park

Parents are welcome to come and watch. Games commence at 1.30pm.
Spectators at school - please remember to sign in at Reception and obtain a Visitors Badge.

REMINDER – ALL FOOTBALLERS AND HOCKEY PLAYERS MUST WEAR A MOUTHGUARD

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<th>ROUND 6 RESULTS</th>
<th>WERRIBEE P.S.</th>
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<td>Netball A</td>
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<td>9</td>
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<td>Netball B</td>
<td>5</td>
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<td>Teeball A</td>
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<td>Teeball B</td>
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<tr>
<td>Hockey</td>
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A huge thank you Wayne McEachran & Judy Puli for assisting our coaches this round.

REGIONAL CROSS COUNTRY
Well done to Caitlin Hendricksen who competed at the Regional Cross Country at Brimbank Park on Thursday 6th June.
Caitlin finished 32nd, which was an excellent achievement, especially when you consider there are more than 250 schools within our Region.

HOOP TIME
The Hoop Time dates for this year are:
YEAR 3/4 Wednesday 17th July
YEAR 5/6 Friday 23rd August
YEAR 1/2 Friday 13th September

Given that the Year 3/4 competition is the first week of Term 3, permission forms have gone home this week and are due back before the end of this term. If there are any parents that are able to assist with coaching or scoring on the day, please contact me at school.

YEAR 3-6 HOUSE ATHLETICS CARNIVAL
The Year 3-6 House Athletics Carnival is being held on Tuesday 30th July at the Werribee Victoria University Athletics Track on Hoppers Lane. The permission form for this event will be sent home at the commencement of Term 3. For your convenience, if you would like to make an early payment prior to the holiday break, a copy of the permission form can be found in this edition of the newsletter. Simply print it off, complete the permission form and return it to the front office with $6.

Tanya Staehr – Sports Coordinator

Nude Food News
The Best Nude Food Grade Awards were presented by Alannah Inglis and JuRay Lah Pay at assembly this week. The winning grades were:
Prep S – 9
Prep M - 9
1/2 C – 12
3/4 E – 13
5/6 L - 7

What another fantastic effort by 3/4 E to have 13 students with a nude food lunch box. They are the winners of the new nude food trophy with a score of 13!

Nude Food Tip: Buy a large packet of chips and put them into a container each day to reduce the amount of packaging that is being used ~ By Miss Ilmer

Remember to reduce, reuse, recycle and rethink!
House Athletics Carnival (Years 3-6)

Dear Parents,

This year the House Athletics Carnival will be conducted at the Athletics track at Victoria University, Werribee on Tuesday 30th July 2013. It is expected that all children in Years 3-6 participate.

Students will be travelling by bus to and from the venue leaving at 9.00am and returning by 3.00pm. Children will need to bring their snack, lunch and drinks (clearly named) as there will be no canteen facilities available.

Students are expected to wear appropriate footwear and sporting clothes (tshirt, shorts or netball skirt) which can be in the colour of their house. It would also be advised to have warm and wet weather clothing to put on after each event.

In case of inclement weather, a decision will be made prior to 8.15am and the athletics carnival will be postponed to a later date.

The first event is at 9.30am. It is a school expectation that students in Years 3-6 participate in the carnival. If your child is unable to take part, please make contact with your child’s teacher.

If any parent would like to assist with the Carnival please contact Ms Staehr (no experience necessary, just a current Working with Children’s Check). Please return the permission form and $6.00 by Friday 26th July 2013.

Regards
Tanya Staehr

----------------------------------------------------------------------------------------------------------------

Werribee Primary School House Athletics Carnival (Years 3-6)

CHILD’S NAME .......................................................... GRADE .................

I give permission for my child to participate in the House Athletics Carnival at Victoria University Werribee on Tuesday 30th July, 2013.

I wish to pay in the following manner:

☐ I enclose $6.00 Cash/Cheque
☐ BPAY(Please contact office for Biller Code and Reference No.) BPAY Receipt No: _____
☐ Credit Card / Debit Card at front office
  (This will incur fees: 1.5% per credit card transaction or $0.50 per debit card transaction)
☐ I have already paid $6 with my school fees at the beginning of the year

I authorise the teacher in charge of the excursion to consent, where it is impracticable to communicate with me, to the child receiving such medical or surgical treatment as may be deemed necessary.

Parent’s/Guardian’s Signature .......................................................... Date ......................

Special Provision - In compliance with Ministry Practices it is necessary for parents to notify schools of any special medical circumstance that exists in relation to school camps, excursions and sporting activities. As a consequence we request parents to indicate below any special medical circumstance that relates to a child participating in any of the above activities.

Medical Circumstance ☐
Diabetes ☐ Epilepsy ☐ Asthma ☐ Haemophilia ☐
Other ☐ Please specify ........................................................................................................

On this day I/we can be contacted at .................................................. Phone ..................

NON RETURN OF THIS SIGNED, DATED FORM EXCLUDES YOUR CHILD FROM THIS EXCURSION.
Gr 3/4 students have been learning about what is healthy. They created two characters showing a healthy person and an unhealthy person. They then created a plan for the unhealthy person which suggested what to eat, exercise they could do, how they can make friends and positive comments to encourage the unhealthy character.
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**Werribee Primary School Planner 2013 (Parent) - Term Two**

- **School Holidays:**
  - April 2
  - May 5
  - June 1

- **WEEK 1**
  - 9:05 Assembly
  - Term Two begins

- **WEEK 2**
  - 9:05 Assembly
  - WALK2SCHOOL

- **WEEK 3**
  - 9:05 Assembly
  - ANZAC Day

- **WEEK 4**
  - 9:05 Assembly
  - SSVWD Cross Country

- **WEEK 5**
  - 9:05 Assembly

- **WEEK 6**
  - 9:05 Assembly
  - EDUCATION WEEK
  - BOOK FAIR (Wed-Fri)
  - SCHOOL COUNCIL 5:30

- **WEEK 7**
  - 9:05 Assembly
  - PUPIL FREE DAY (NO SCHOOL)

- **WEEK 8**
  - 9:05 Assembly
  - Girls Football

- **WEEK 9**
  - 9:05 Assembly
  - Queen’s Birthday Holiday

- **WEEK 10**
  - 9:05 Assembly
  - REFUGEE WEEK

- **WEEK 11**
  - 9:05 Assembly

- **WEEK 12**
  - 9:05 Assembly
  - Australia’s Neighbour’s – Showcase Night (L/Gallery)

- **WEEK 13**
  - 9:05 Assembly
  - Sport Showcase Night (Gym)

- **WEEK 14**
  - 9:05 Assembly
  - Reports Home (TBC)

- **WEEK 15**
  - 9:05 Assembly
  - Term Two ends 2:10
COMMUNITY NOTICES

INDOOR TENNIS PROGRAMS

Westgate Indoor Sports, a premier tennis facility which provides an opportunity to avoid the wash outs this winter and to join one of Victoria’s leading tennis program deliverers – Tennis Programs Victoria. TPV has the following programs on offer and is a registered Tennis Australia Hot Shots provider:

- Modified Hot Shots Program (ages 4-10) 
- Junior Coaching – private & group lessons
- Ladies Competitions – Monday to Friday with kid’s activity programs (9.30-11.30), School Holiday Programs – a fun based holiday program which includes tennis tournament, stroke production, various sports, fun & games, as well as lunch provided: Wednesday 3rd & Thursday 4th July, Monday 8th & Tuesday 9th July 9am-4pm, Cost $50 per day

Venue: Westgate Indoor Sports Centre, Corner Grieves Parade & Dohertys Road, Altona North

For all bookings and further enquiries please call Paul Mick on 0415 511 150 or email p.emick2011@gmail.com

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  - Advance beyond the level of their school curriculum
  - Improve fundamental learning skills
  - Form solid study habits and self-confidence

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Contact: Janette Biasi on 9742 4936

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INSIGHTS
by Michael Grose - No.1 parenting educator

Getting a grip on worry-warts

As parents we often grapple with our own worries but one of the most common questions I get asked by mums and dads is 'what do I do when my child seems overly worried or anxious?' By Maggie Dent

Early anxiety is developmentally normal – in fact, being fearful or anxious is an essential human survival response. However, as parents we need to know how to soothe our children to help them get a handle on their anxiety. Otherwise it may interfere with their wellbeing.

In fact, anxiety is the most significant mental health issue in childhood and yet it frequently goes undetected, untreated and is frequently misdiagnosed as one of the attention disorders.

Anxiety can begin as early as age two but we see a significant rise when children enter the school system. Unless it’s addressed many will go on to suffer their whole lives.

Why kids worry

We must remember that children under 6 or 7 see the world through children’s eyes. This often means they find plenty to fear as the parts of their brain that rule rational thinking are not fully developed.

Research shows that the number one thing that children fear is feeling separated or unloved by their parents.

This means going to childcare or school, going to sleep, seeing mum or dad walk out the door, sharing mum or dad with a new baby, or not feeling connected to their parents can be huge triggers for anxiety.

While separation anxiety is normal, it’s important for parents of sensitive children to really be on the lookout for when it becomes excessive.

Symptoms of separation anxiety disorder include:

- Worrying about bad things happening to loved ones and being separated as a result
- Persistent reluctance to go to preschool/school, to be alone, to be without adults or loved ones (e.g. at home or when going to sleep)
- Repeated nightmares with themes of separation
- Physical complaints/symptoms when separated or anticipating separation
- Obvious distress.
Assess the environment

If a child is experiencing anxiety, or even to prevent anxiety, try to look at their environment through their eyes and ears.

For example, a huge trigger for children is listening to or watching the news. We must be very mindful of not leaving TVs or radios on around children, exposing them to reports and/or images of disaster, death or trauma. Even online, be mindful if your home page is a news page that may sometimes feature horrific images.

To help prevent anxiety becoming an issue we can make childcare choices that suit our children, particularly being mindful of our sensitive children or children under two who are often developmentally unable to manage environments that cause them stress.

These children really need a ‘mothering’ influence. This can come from mum, dad or someone else. I encourage parents to co-parent around work schedules as much as possible and seek care with trusted relatives, friends or family day care.

Top tips for reducing anxiety:

- Slow things down, leaving plenty of time for transition between activities.
- Have good routines particularly around eating and sleeping.
  - Soothe your child with safe, loving touch and warmth – lots of cuddles, and rubbing the ‘tickle point’ at the base of their neck.
- Don’t overschedule your children’s lives or put too much pressure on them to perform/achieve.
- Make time for silence and relaxation every day. Research shows 10 minutes has proven benefits for the whole family.
- For separation anxiety, make an effort to build ‘love bridges’ with kids: take a small bite out of their sandwich before placing it in the lunchbox, place kisses in their hands to hold onto all day, lay with them at night. Little things are big things to kids.

Maggie Dent is an author, educator and speaker dedicated to quietly changing lives through commonsense wisdom. She is the author of five books. Learn more about Maggie at www.maggiedent.com