Werribee Primary School is ...
A supportive and diverse learning community pursuing excellence in the development of skills, behaviours and attitudes in education, so that students are empowered to interact positively throughout their lifetime, with confidence, creativity and enjoyment

Our shared values are • Courtesy • Cooperation • Respect • Responsibility
Our education priorities are • Literacy • Numeracy • Social Competency

DATES TO REMEMBER:

<table>
<thead>
<tr>
<th>TERM 2</th>
<th>WEEK 8</th>
<th>Week 7</th>
<th>Friday 31st</th>
<th>Last date for parents to return completed Application For Year 7 Placement forms 5/6 Winter Sport Rd 5</th>
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<tbody>
<tr>
<td></td>
<td></td>
<td>Monday 3rd June</td>
<td>Girls Football Galvin Park</td>
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<td></td>
<td></td>
<td>Tuesday 4th</td>
<td>Subway Lunch</td>
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<td>Wednesday 5th</td>
<td>Year 5 / 6 Incursion</td>
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<td>Thursday 6th</td>
<td>Cross Country State Finals</td>
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<td>Friday 7th</td>
<td>Bookclub Issue 4 – Money &amp; Orders due back today</td>
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<td>Friday 7th</td>
<td>5/6 Winter Sport Rd 6 (early lunch 2:20-1:10)</td>
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<td></td>
<td>WEEK 9</td>
<td>Monday 10th</td>
<td>Queen’s Birthday Public Holiday</td>
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<td>Friday 14th</td>
<td>5/6 Winter Sport Rd 7 (early lunch 2:20-1:10)</td>
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<tr>
<td>WEEK 10</td>
<td>Monday 17th – 21st June</td>
<td>REFUGEE WEEK</td>
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<td></td>
<td>Tuesday 18th</td>
<td>School Council 6:30</td>
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<td>Wednesday 19th</td>
<td>Walk2School</td>
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<td>WEEK 11</td>
<td>Thursday 27th</td>
<td>Student Reports distributed by today</td>
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<td></td>
<td>Friday 28th</td>
<td>Last Day of Term 1 – FINISH AT 2:10PM</td>
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<td>TERM 3</td>
<td>Monday 15th July</td>
<td>1st DAY TERM 3</td>
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<td></td>
<td>Tuesday 16th</td>
<td>1st Day-DANCEFEVER</td>
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<td>Saturday 20th</td>
<td>WPS Bunnings Sausage Sizzle</td>
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<td>Friday 23rd August</td>
<td>Year 5/6 Hooptime</td>
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WERRIBEE KIDS ARE WONDERFUL KIDS – “LIVING OUR VALUES” AWARDS

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<td>Blake</td>
<td>Punake</td>
<td>1/2K</td>
<td>Corey</td>
<td>James</td>
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<tr>
<td>5/6P</td>
<td>Tia</td>
<td>5/6R</td>
<td>Brianna</td>
<td>Claudia</td>
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Please note: We will still be selling iron-on transfers to go on windcheaters, jumpers and polo shirts. These can be purchased at the office for $3 each. We will also still be offering our 2nd hand uniform items

Contact the school
Need to contact your child’s teacher or pass on feedback or suggestions to the school?

Address: 2 Deutgam Street, Werribee 3030
Phone: 9742 6659
Web: www.werribee.ps@edumail.vic.gov.au

Email: werribee.ps@edumail.vic.gov.au
Dear Parents

WERRIBEE PRIMARY SCHOOL’S BLOG
Have you visited our school’s blog yet? If not, I recommend you do so at the following site:
http://werribee.ps.global2.vic.edu.au
Ms Scarrott has put in a great deal of work to develop this blog. It provides an array of different news stories related to different school activities, achievement and learning across the year levels, including the following topics:
- Go, Grow, Glow
- Nude Food News
- Education Week Assembly
- Mega Writer’s Workshop Gr 3/4
- Welcome to our Blog
- World Harmony Run
- Grade 1/2 In Our Backyard
- We CAN Make A Difference
- Anzac Day Ceremony
- Preps Describing Autumn Leaves

SCHOOL UNIFORM PURCHASE ARRANGEMENTS
As reported briefly in last week’s OWL and a separate flyer that was distributed, our school uniform sales have now been outsourced to Rushford’s Schoolwear Shop, 93 Watton Street Werribee. Rushford’s will be taking over the sale of our uniform supplies as of 1st June 2013. Please be aware that they will have a limited amount of items initially but intend to be fully stocked by the end of the term, just in time for parents/guardians to take their children shopping with them on the holidays. So, if you were intending to make a uniform purchase, it might be a good idea to delay your plans until the holiday period. However, I have been assured that items are available for those ‘absolutely’ necessary purchases that need to be made before the holidays.

CAR PARKING AND TRAFFIC SAFETY
I have received further reports that parents/guardians have been parking illegally during school drop off and pick up times. Please be aware that the Wyndham Council parking inspectors have visited our school site and issued fines to drivers in recent times. The Council have also received further complaints about illegal and unsafe parking and will more than likely be returning to our site. Could you, therefore, please endeavour to park in a safe and legal manner when collecting or dropping off your child. This is in the interests of the safety of our children (as well as your bank balances!!).

SPECIAL ‘EDUCATION WEEK’ ASSEMBLY
Thank you to the parents, friends and volunteers who attended our special ‘Education Week’ assembly. It certainly was a wonderful celebration of children, learning, staff and our community volunteers. Go to our school blog (see link above) for a visual experience of the morning. It was lovely to be able to celebrate with our parents and community volunteers afterwards, who were all impressed with the quality of the learning that took place in such a small amount of time regarding the plight of the orang-utan. Well done to all who took part in the assembly.

WHOLE SCHOOL HOMEWORK TASK
A whole school homework task has been issued this week and is designed for children to work with their parents/guardians to report how they are feeling about the school and to let the school know their ideas for making the school an even better place. We hope you will be able to spare a few moments to have important conversations with your children in order to feed back to us your thoughts and ideas. The results of these homework tasks will be shared in classrooms and then across the school to help identify what it is that is important to our children and families of Werribee PS and possibly take action as a result. Thank you in anticipation of your support for this homework task.

REMINDERS:
PURCHASE OF SCHOOL UNIFORMS – Please note that as of 1st June 2013, our school uniform items will only be available for purchase through Rushford’s Schoolwear Shop, 93 Watton Street Werribee.
PUBLIC HOLIDAY, MONDAY 10th JUNE – No school for children this day

Sue Osborne,
Acting Principal
DIVISION CROSS COUNTRY – BRIMBANK PARK
The Division Cross Country event was held at Brimbank Park, Keilor on Tuesday 28th May. Seven of our students competed and represented the Werribee District. All ran exceptionally well and finished in the top 20. Congratulations to the following students on this outstanding achievement;

Jessica Evans – 8th
Zahra Abela – 14th
Rachel Evans – 3rd
Eliza Moodie – 7th
Caitlin Hendrickson – 3rd
Andrew Costa – 18th
Lucas Rubeli – 15th

Having finished in the top 5 for their age group, Caitlin and Rachel have progressed through to the State Finals to be held on Thursday 6th June. Unfortunately, Rachel will be unable to compete due to a family holiday. We wish Caitlin the best of luck!

5/6 REGIONAL SPORTS TRIALS
Congratulations to Scarlet Saxon-Jones (Soccer), Cleo Saxon-Jones (Soccer) & Eliza Moodie (Netball & Basketball) who participated at the Regional Sports Trials in the third round of the State Schools Victoria team selection process. All three girls did an amazing job to progress this far, especially when we consider there are over 250 schools within our Region. Unfortunately the girls did not progress through to the fourth and final round of selections, but each should be incredibly proud of this fine achievement. Well done girls on such a fantastic effort!

5/6 INTERSCHOOL SPORT
This week in the Winter Round Robin competition we play St. Andrews Primary School.

Netball & Soccer – St. Andrews Primary School, Football – Howqua Way, Teeball – Presidents Park

There is NO HOCKEY this week as St. Andrews are unable to field a team

Parents are welcome to come and watch. Games commence at 1.30pm.

REMINDER – ALL FOOTBALLERS AND HOCKEY PLAYERS MUST WEAR A MOUTHGUARD

Next week (Round 6) on Friday 7th June we play Iramoo Primary School in a HOME game.

The matches will be played at the following venues;

Netball & Soccer – Werribee Primary School, Football – Wyndham Vale Reserve,
Teeball & Hockey – Presidents Park

Spectators at school - please remember to sign in at Reception and obtain a Visitors Badge.

5/6 GIRLS FOOTBALL
The venue for the Year 5/6 Girls Football competition on Monday 3rd June has been changed. The event will now take place at Wyndham Vale Reserve. Please note; All players MUST WEAR A MOUTHGUARD. Thank you to Tim Moodie who will accompany Miss Lancaster and the team on the day and provide some expert coaching!

5/6 HOOPTIME
Unfortunately due to a massive number of entries to this year’s 5/6 Hoop Time Competition, our 5/6 teams will not be competing on Wednesday 12th June. The new date for this event is on Friday 23rd August. My apologies for any inconvenience this may have caused.

Tanya Staehr
Sports Coordinator

IMPORTANT NOTICE EDUCATION MAINTENANCE ALLOWANCE
If you have claimed EMA earlier this year at Werribee Primary School you do not have to apply again. However, if you missed the February cut-off date or your child has transferred to Werribee Primary School during the first half of the year, you are required to apply for the second instalment. If you were not eligible for EMA during the first semester, but are now on a Pension Concession or Health Benefit Card, you must also complete the application. These claims must be made at the school office by 2nd August 2013.

NO LATE APPLICATIONS CAN BE ACCEPTED
CANTEEN ROSTER – TERM 2

Wed 5th June  Deb Cowton, Michelle Bailey, Fadia Othman, Mandy Courtney
Wed 12th June  Deb Cowton, Jane Puli, Penny Hendrickson, Michelle Bailey, Leanne Gosling
Wed 19th June  Karyn McEachran, Joanne Richards, Faye Monks, Kym Dunn, Anna Richards
Wed 26th June  Deb Cowton, Jane Puli, Penny Hendrickson, Michelle Bailey, Leanne Gosling

“National Walk to School Safely Day”

Congratulations to all those children who came to school in an active way last Friday, “National Walk to School Safely Day”. Forty–five children met Mrs. Wembridge, Miss Elliott, Miss Taylor and Miss Ilmer at Chirnside Park and walked to school, enjoying a yummy piece of fruit at the gym kitchen when they arrived. Thanks to those parents who walked to school with us. Many other children walked to school with their parents or rode their bikes, scooters or skateboards and had a piece of apple or banana when they arrived.

Please note: Mrs. Wembridge will still meet children at 8.30 at Chirnside Park on official “Walk to School” days, but will no longer walk to school on other Wednesday mornings.

Working With Children Checks

Coming July 2013 – Filling out application forms Online

From July 2013 applying for a Working with Children (WWC) Check will be an easy 2-step process. Applicants will submit their details online before going to Australia Post to lodge their application.

Starting July 2013

STEP 1
From July 2013 submit your details online
• Go to the WWC Check website
• Fill out the form online
• Print out the application summary with all the details you entered

STEP 2
Go to a participating Australia Post outlet to lodge your application, taking with you:
• The application summary
• Relevant proof of identity documents
• A passport size photo
• The application fee, if you are applying for an Employee card

For more details:
Go to the WWC Check website http://www.workingwithchildren.vic.gov.au/home/ closer to July for details of when applicants can start filling out the form online
TOP ENERGY SAVING TIPS

- Turn off the lights in rooms you aren’t using.
- Keep your thermostat turned to between 18°C and 21°C.
- Use a toaster to toast bread, rather than the grill.
- Only fill your kettle with the amount of water you need.
- Reducing your thermostat by 1°C will take 10 per cent off your heating bills.
- Don’t put large pieces of furniture in front of radiators.
- Draw your curtains at dusk.
- Use your microwave where possible. It uses up to 90 per cent less electricity.
- Don’t leave your television on standby, it still uses about a quarter of the electricity that it uses when switched on.
- Defrost your fridge and freezer regularly.
Alternatives to Structured Exercise

Physical Activity should be a fun and enjoyable experience for children. Some kids don’t like structured or organised sport, but they can still be fit without joining a team. By taking the time to try activities which match your child’s temperament, strengths and abilities, you may discover they have a hidden talent! For more information visit: www.wyndham.vic.gov.au/activekids

Any physical activity, not just structured exercise classes, is beneficial to health and wellbeing. Some fun activities for the family that don’t feel like exercise include:

- Fly a kite in the park or at the beach
- Dance to favourite music
- Ride bicycles along the river or use bike paths
- Play a family game of table tennis
- Swim and splash about at the local pool
- Walk the dog
- Throw a frisbee
- Rollerskate, rollerblade or skateboard (insist that everyone wears appropriate safety equipment)
- Jump on a trampoline.

(Taken from www.betterhealth.vic.gov.au website)

Tips for kids who don’t play sport

- Practice at home – Kids develop skills at different ages. Practice skills such as ‘kick to kick’ or ‘shooting hoops’ at home to build their confidence.
- Safe environment – Injuries can affect participation. Good coaching techniques, such as warming up and down, protective equipment, correct footwear and modified rules are essential.
- Be a ‘Good Sport’ - Keep expectations realistic. Encourage participation and focus on having fun.
- Individual vs. team sports - Some kids prefer sports that focus on teamwork; other kids prefer individual pursuits. Find out your child’s preferences.

Get Involved with Active Kids’ Partners

Dairy Australia
Or for their back to school guide see: www.dairyaustralia.com.au/kidsnneed3

Football Federation Victoria
Find Your Local Football (Soccer) Club
If your child has enjoyed the Active Kids football sessions at their school, and you’re interested in locating your closest club, please head to www.footballfedvic.com.au and look for Find A Club banner on the right hand side of the page.

Small Sided Football
Head to www.footballfedvic.com.au and look under the Small Sided-Football tab to learn more about the official format for all boys and girls between 5 and 11 years of age.

Active Families
To help keep your family active and eating well or to find out how to join a local recreation or sporting club, visit the Active Kids page on Council’s website www.wyndham.vic.gov.au/activekids or contact (03) 9742 0777.
Staying Active in Colder Months

Being active on sunny days is easy, but most of us tend to stay indoors over winter. Suggestions for staying active in colder months include:

- Rug up and explore the outdoors on cold, wet days. Give your child the opportunity to see what places look like when not bathed in sunshine. For example, the beach in winter is definitely worth seeing.
- Splashing through puddles is fun. Put on gumboots and raincoats, and go puddle-jumping with your child.
- Many activities can be performed indoors such as swimming, trampolining, table tennis and cricket. Explore different options in your neighbourhood. To access information about what leisure facilities available in Wyndham (such as the Wyndham Leisure & Events Centre or Werribee Sports & Fitness Centre) and where to access them go to www.wyndham.vic.gov.au/aboutwyndham/publication/2012/sport_recreation.
- Some sports, such as Australian Rules football, are traditionally played during the winter months.

(Taken From www.betterhealth.vic.gov.au website)

Tips to help choose the right activity

Try to choose an activity you enjoy and that suits your lifestyle. Suggestions include:

- Choose an indoor activity if you are bothered by weather extremes such as heat or cold.
- Don’t pick an activity solely because you think it would be ‘good’ for you – enjoyment is the key to sticking to your plan.
- Keep your budget in mind. Some activities can require a big financial investment.
- Be realistic about your current health and level of fitness. If you are a beginner, the physical demands of certain activities (such as running) may be too much at first. Choose a gentler alternative and work your way up.
- Choose at least a couple of activities to help keep you interested. You may get bored and lose motivation if you stick to only one form of physical activity.

Fruit Salad Yo-Pops

Taken from: The Daily Australia website www.dailyaustralia.com.au

Makes 12

Ingredients

- 125g strawberries, hulled
- 1 medium bananas, peeled and chopped
- 200g canned fruit salad in natural juice, drained, 2 tablespoons juice reserved
- 1 mango, peeled and chopped
- 250g Australian reduced fat natural yoghurt
- 12 icy pole sticks

Method

2. Place remaining ingredients in blender and process until smooth.
3. Layer tablespoons of fruit salad puree with teaspoons of strawberry puree in icy pole moulds until full. Insert icy pole sticks and freeze until firm.

Tips / Handy Hints

Tip: Fresh mango can be substituted with 1 cup frozen mango, canned peaches, apricots or passionfruit.

For Adults: Add a little mint to the pureed strawberries.

Nutritional Information (per serve)

- Energy: 318KJ / Total Sugars: 11.5g
- Protein: 3g / Sodium: 28mg
- Calcium: 72mg / Total Fat: 0.8g
- Saturated Fat: 0.5g / Iron: 0mg
- Carbohydrate: 12.5g / Fibre: 1.1g
The following section is paid advertising and is not necessarily endorsed by Werribee Primary School.

Barb Cakebread

**CATERING**

Ph/Fax: 9742 6905

CORPORATE & PRIVATE FUNCTIONS

We use only the freshest produce available

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**KUMON**

MATHEMATICS – ENGLISH

- Assist your child to:
  - Advance beyond the level of their school curriculum
  - Improve fundamental learning skills
  - Form solid study habits and self-confidence

WERRIBEE EDUCATION CENTRE

Contact: Janette Biasi on 9742 4936

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9742 7557 or jeannetteg@prdwerribee.com.au

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